

RESOURCE LIST



ADULT INDIVIDUAL & GROUP COUNSELLING

ABBOTSFORD ADDICTIONS CLINIC	https://archway.ca/program/abbotsford-addictions-centre/	604-850-5106
WHITE ROCK ADDICTIONS	https://rehabbc.com/	604-538-2522
AGASSIZ / HARRISON COMMUNITY SERVICES	https://www.agassiz-harrisoncs.ca/	604-796-2585
MAPLE RIDGE / ALOUETTE ADDICTIONS	http://alouetteaddictions.org/	604-467-5179
BURNABY ADDICTIONS SERVICE	http://www.bcmhsus.ca/our-services/provincial-integrated-mental-health-addiction-programs/burnaby-centre-for-mental-health-addiction	604-777-6870
CHILLIWACK ADDICTION SERVICES	https://pcrs.ca/our-services/chilliwack-addictions-and-prevention-services-caps/	604-795-5994
DELTA DELTASIST	http://deltassist.com/counselling	604-594-3455
MISSION FRASER HOUSE SOCIETY	http://fraserhouse.org/programs/	604-826-6810
PHOENIX SOCIETY SURREY	http://www.phoenixsociety.com/	604-583-7166
LANGLEY COMMUNITY SERVICES	https://www.lcss.ca/	604-534-7921
MISSION FRIENDSHIP CENTER	https://missionfriendshipcentresociety.com/	604-826-1281
RICHMOND ADDICTIONS SERVICES	https://www.richmondaddictions.ca/	604-270-9220
PORT MOODY SHARE COUNSELLING SERVICES	https://sharesociety.ca/	604-936-3900
STO:LO NATION CLINIC Chilliwack	http://www.stolonation.bc.ca/health	604-824-3200
DIVERSECITY COMMUNITY RESOURCES	https://www.dcrs.ca/our-services/counselling-services/	604-597-0205
BURNABY SAGE COUNSELLING	https://sagecounselling.com/	604-953-4900
UPLYFT WELLNESS COUNSELLING SERVICES	https://uplyftwellness.ca/wellness-services/	778-951-4688
VANCOUVER COASTAL HEALTH	http://www.vch.ca/your-care/mental-health-substance-use	604-736-2033
RAVEN SONG TEAM VANCOUVER	http://www.vch.ca/locations-services/result?res_id=1365	604-709-6400
THREE BRIDGES- VANCOUVER	http://www.vch.ca/Locations-Services/result?res_id=686	604-736-9844
PACIFIC SPIRIT- VANCOUVER	http://www.vch.ca/Locations-Services/result?res_id=1336	604-261-6366

DETOX CENTRES: ADULT

VANCOUVER HARBOR LIGHTS	https://vancouverharbourlightsa.ca/	604-646-6844
CREEKSIDE (ADULTS & YOUTH)	https://www.fraserhealth.ca/Service-Directory/Services/mental-health-and-substance-use/substance-use/creekside-withdrawal-management-detox-service#.XiALSFNKiqk	604-587-3755
CREEKSIDE DAYTOX	http://www.vch.ca/Locations-Services/result?res_id=557	604-585-5610
ACCESS YOUTH	https://www.accessyouth.org/	1-866-658-1221
RICHMOND DAYTOX	https://www.richmondaddictions.ca/	604-270-9220
VANCOUVER DAYTOX	http://www.vch.ca/Locations-Services/result?res_id=557	604-658-1278

CONSTRUCTION REHAB - NEW WESTMINSTER	MALE	http://constructionrehabplan.com/	604-521-8611
CROSSING POINT KELOWNA	CO-ED	https://www.xrdstc.net/	250-860-4001
KINGHAVEN - ABBOTSFORD	MALE	https://kinghaven.ca/	604-864-0039
MAPLE RIDGE TREATMENT CENTRE (MRTC) MAPLE RIDGE	MALE	http://mrtc.bc.ca/	604-467-3471
PACIFICA - VANCOUVER	CO-ED	https://pacificatreatment.ca/	604-872-5517
PEARLTONVILLE - ABBOTSFORD	FEMALE	https://pearltonvillehouse.ca/	604-856-3966
ROUND LAKE - INDEGENOUS	CO-ED	http://roundlaketreatmentcentre.ca/	250-546-3077
EDGEWOOD - NANAIMO	CO-ED	https://www.edgewoodhealthnetwork.com/locations/inpatient-centres/edgewood/	250-751-0111
EDGEWOOD- NANAIMO	CO-ED	https://www.edgewoodhealthnetwork.com/locations/outpatient-centres/vancouver/	
ORCHARD	CO-ED	https://orchardrecovery.com/	604-947-0420
CEDAR	CO-ED	https://cedarscobblehill.com/	1-866-716-2007
TSOW-TUN-LE-LUM SOCIETY	CO-ED	http://www.tsowtunlelum.org/	250-390-3123
PACIFICA - VANCOUVER	CO-ED	https://pacificatreatment.ca/	604-872-5517
CHARLFORD HOUSE SOCIETY FOR WOMEN	FEMALE	https://www.charlfordhouse.ca/	604-420-4626
HOPE FOR FREEDOM SOCIETY	CO-ED	https://hopeforfreedom.org/	604-580-2783

ADULT RECOVERY PROGRAMS - GOVERNMENT FUNDED & APPROVED

CHARLFORD HOUSE - BURNABY	FEMALE	https://www.charlfordhouse.ca/	604-420-4626
CENTRAL CITY LODGE - VANCOUVER	MALE	https://cccares.org/	604-681-9111
HANNAH HOUSE - MAPLE RIDGE	FEMALE	https://www.innervisionsrecovery.com/womens-drug-treatment-program/	604-466-4215
HARBOR LIGHTS - VANCOUVER	MALE	https://vancouverharbourlightsa.ca/treatment/	604-646-6800
INNER VISIONS - PORT COQUITLAM	MALE	https://www.innervisionsrecovery.com/mens-drug-treatment-program/	604-468-2032
LAST DOOR - NEW WESTMINSTER	MALE	https://lastdoor.org/	604-525-9771
LIZ'S HOUSE - SURREY #1	FEMALE	https://www.healthspace.ca/Clients/FHA/FHA_Website.nsf/CCFL-FacilityHistory?OpenView&RestrictToCategory=8F98AC2529C8B55F882574430055218A	604-583-2502
MARGUERITE'S PLACE SURREY #2	FEMALE	https://sjwomenscentre.ca/programs/marguerites-place/	604-582-2459
MOLLIE'S PLACE - PEARDONVILLE	FEMALE	https://peardonvillehouse.ca/	604-856-3966
NEW DAWN - Chrysalis Society VANCOUVER	FEMALE	http://www.chrysalissociety.com/OurApproach/OurHouses.aspx	604-325-0576
PATH TO FREEDOM - SURREY	MALE	http://pathtofreedom.net/	604-576-6466
PHOENIX CENTRE - SURREY	CHILDREN & FEMALE	https://phoenixctr.com/	604-583-7166
TOGETHER WE CAN (TWC) VANCOUVER	MALE	https://twcrecoverylife.org/	604-451-9854
TURNING POINT - RICHMOND	CO-ED	https://www.turningpointrecovery.com/	604-303-6717
TURNING POINT - VANCOUVER	CO-ED	https://www.turningpointrecovery.com/	604-875-1710
VALLEY HOUSE - ABBOTSFORD	MALE	https://kinghaven.ca/intensive-treatment-program/	604-864-0039
WESTMINSTER HOUSE - NEW WESTMINSTER	FEMALE	https://westminsterhouse.ca/	604-524-5633
TALITHA KOUM SOCIETY	FEMALE	http://talithakoumsociety.org/program-description/	604-492-3393

NON-RESIDENTIAL ADULT EVENING

AURORA DAY PROGRAM 4 TO 6 WEEKS	FEMALE	http://www.cwhn.ca/en/node/16006	604-375-2032
D.E.W. PROGRAM - VANCOUVER	FEMALE	http://dewc.ca/drop-in-centre/power-of-women-to-women	604-874-2938
W.E.L.L. PROGRAM	FEMALE	https://sagecounselling.com/fraser_health_programs.htm	604-558-0090
M.E.L.L. PROGRAM	MALE	https://sagecounselling.com/fraser_health_programs.htm	604-558-0090
T.E.A.M. PROGRAM	CO-ED	https://sagecounselling.com/fraser_health_programs.htm	604-558-0090

VANCOUVER CRISIS LINE (24HR)	https://crisiscentre.bc.ca/	1-866-661-3311
BC NURSE LINE	http://victoria.tc.ca/Community/RenColl/news/2007/apr/bc_nurseline.html	1-866-215-4700
BWSS Gathering Women's Support Services	https://www.bwss.org/	604-687-1868
BWSS - CRISIS & INTAKE LINE	https://www.bwss.org/	604-687-1867
MY SISTERS CLOSET	https://www.bwss.org/	604-687-0770
TRI-CITY TRANSITIONS	https://www.tricitytransitions.com/assistance/transition-house/	604-492-1700
SHELTER SAFE- BC	https://www.sheltersafe.ca/british-columbia/	
SARA FOR WOMEN - MISSION/ ABPT	http://saraforwomen.ca/services/	604-820-8455

COMMUNITY RESOURCES

ALANO CLUB	ABBOTSFORD 2584 CYRIL STREET		604-859-1601
RECOVERY CLUB	VANCOUVER 2775 SOPHIA STREET	http:// www.vancouverrecoveryclub.com/	604-708-9955
ONE WAY CLUB	MAPLE RIDGE 22270 NORTH AVENUE	http://onewayclubociety.com/	604-463-6617
NORTH SHORE ALANO CLUB	NORTH VANCOUVER 176 EAST 2ND STREET	http://www.northshorealano.com/	604-434-3933
BURNABY FELLOWSHIP CENTER	BURNABY 7638 6TH STREET	http://burnabyfellowship.com/	778-397-8933
AVALON WOMEN'S CENTRE VANCOUVER	VANCOUVER 5957 WEST BOULEVARD	https://www.avalonrecoveryociety.org/ avalon-recovery-society/where-we-are/ white-rock-centre/	V 604-263-7177
AVALON WOMEN'S CENTRE NORTH VANCOUVER	NORTH VANCOUVER #300-132 EAST 14TH STREET	https://www.avalonrecoveryociety.org/ avalon-recovery-society/where-we-are/ north-shore-centre/	604-913-0477
AVALON WOMEN'S CENTRE WHITE ROCK	WHITE ROCK #101-1548 JOHNSTON ROAD	https://www.avalonrecoveryociety.org/ avalon-recovery-society/where-we-are/ white-rock-centre/	604-542-7772
SHARE FAMILY & COMMUNITY COUNSELLING SERVICES	TRI-CITIES 2615 CLARKE STREET (PORT MOODY)	https://sharesociety.ca/	604-540-9161
FAMILY SERVICES OF GREATER VANCOUVER	VANCOUVER #201-1638 E Broadway	https://fsgv.ca/	604-731-4951
NATIVE COURTWORKER & COUNSELLING	#1075-222 MAIN STREET	https://nccabc.ca/	604-660-1101
NATIVE COURTWORKER & COUNSELLING	#207-1999 MARINE DRIVE	https://nccabc.ca/	604-985-5355

TRANSITION HOMES

ABBOTSFORD & MATSQUI WOMEN'S SOCIETY	http://www.impactabby.com/	778-347-8664
SALVATION ARMY SHELTER	https://salvationarmy.ca/what-we-do/in-your-community/housing-and-shelters/	1-800-725-2769
ALDERGROVE - LIBRA	https://www.ishtarsociety.org/programs-services/transition-houses/	604-530-9442
DIXON SOCIETY	https://dixonsociety.ca/	604-298-3454
ANNE DAVIS TRANSITION SOCIETY	https://www.anndavis.org/	604-792-3116
COQUITLAM - TRI CITIES TRANSITION	https://www.tricitytransitions.com/	604-941-7111
ISHTAR SOCIETY	https://www.ishtarsociety.org/	604-530-9442
CYTHERA SOCIETY	https://www.cythera.ca/	604-467-9966
SARA FOR WOMEN	https://saraforwomen.ca/	604-820-8455
NORTH SHORE CRISIS SERVICES SOCIETY	https://nscss.net/	604-987-3374
RICHMOND KIDS	https://www.richmondkids.ca/en	604-270-4911
OPTIONS COMMUNITY SERVICES	https://www.options.bc.ca/program/transition-houses	604-951-8855
HELPING SPIRIT LODGE	https://hsls.ca/	604-874-6629
THE KETTLE SOCIETY	https://www.thekettle.ca/	604-251-2801
VANCOUVER RAPE RELIEF	https://www.rapereliefshelter.bc.ca/	604-872-8212
ATIRA WOMEN'S RESOURCE SOCIETY	https://www.rapereliefshelter.bc.ca/	604-800-8881

ONLINE SUPPORT SERVICES

CAST CENTERS	https://www.castcenters.com/
WHEN GEORGIA SMILES	https://www.whengeorgiasmiled.org/
ONLINE THERAPY	https://www.castcenters.com/
IN THE ROOMS	https://www.intherooms.com/home/
DOCTOR ON DEMAND	https://www.doctorondemand.com/

COMMUNITY

ALCOHOL & DRUG INFORMATION LINE	604-660-9382
GAMBLING HELP LINE (24HRS)	1-888-795-6111
GAY & LESBIEN CENTRE	604-684-6869
HOPE COMMUNITY SERVICES	604-869-2466
NEW WESTMINSTER METHADONE CLINIC	604-520-1068
RAPE CRISIS CENTRE	604-255-6344
VANCOUVER RAPE RELIEVE & WOMEN'S CENTRE	604-872-8212
SECULAR ORGANIZATION FOR SOBRIETY	604-738-7824
SEXUAL ASSAULT RECOVERY GROUPS (SARA)	604-584-2888
S.A.F.E.R. (SUICIDE COUSSELLING SERVICES)	604-675-3700
SURREY NORTH COMMUNITY HEALTH CARE (OUTREACH NURSE)	604-583-5666
SURREY NEEDLE EXCHANGE	604-583-5999
CHILLIWACK NEEDLE EXCHANGE (CONNECTIONS)	604-795-5994

SUPPORT GROUPS

ALANON & ALATEEN	https://al-anon.org/	604-688-1716
ALCOHOLICS ANONYMOUS (AA) 24HOUR	https://www.aa.org/	604-434-3933
ADULT CHILDREN OF ADDICTS/ ALCOHOLICS (ACOA)	FOR ADULTS WHO WERE CHILDREN THAT WERE AFFECTED BY AN ALCOHOLIC	604-878-8500
COCAIN ANONYMOUS (CA)	https://ca.org/	1-866-662-4242
CO-DEPENDENTS ANONYMOUS (CODA)	https://coda.org/	604-515-5585
INNER CITY WOMEN'S INITIATIVE SOCIETY (DRUG & ALCOHOL)	https://innercitywomen.wordpress.com/	604-687-5454
GAMBLERS ANONYMOUS (GA)	http://www.gamblersanonymous.org/ ga/	604-685-5510
NARCOTICS ANONYMOUS (NA)	https://www.na.org/	604-873-1018
NAR-ANON	https://www.nar-anon.org/	604-878-8844
NICOTINE ANONYMOUS	https://nicotine-anonymous.org/	604-889-5335
OVEREATERS ANONYMOUS (OA)	https://oa.org/	604-878-4575
SEXAHOLICS ANONYMOUS (SA)	https://www.sa.org/	604-290-9634

MENTAL HEALTH SERVICES

MENTAL HEALTH EMERGENCY LINE 2PM - 1AM	604-527-0009
MENTAL HEALTHY EMERGENCY LINE (AFTER HOURS)	604-535-4571
MENTAL HEALTH INFORMATION LINE 24 HOURS	604-669-7600
BURNABY NORTH MENTAL HEALTH	604-949-7730
BURNABY SOUTH MENTAL HEALTH	604-777-6870
BURNABY CENTRAL MENTAL HEALTH	604-453-1930
CHILLIWACK MENTAL HEALTH	604-702-4860
NORTH DELTA MENTAL HEALTH	604-592-3700
SOUTH DELTA MENTAL HEALTH (TSAWWASSEN/ LADNER)	604-948-7010
FRASER VALLEY MENTAL HEALTH SUPPORT (PoCo)	604-927-2084
HOPE MENTAL HEALTH CENTRE	604-860-7733
LANGLEY MENTAL HEALTH CENTER (STEPPING STONES)	604-514-7940
MAPLE RIDGE MENTAL HEALTH CENTRE	604-467-4147
MISSION MENTAL HEALTH CENTRE	604-814-5600
NEW WESTMINSTER MENTAL HEALTH	604-777-6800
RIDGE MEADOWS MENTAL HEALTH SELF SUPPORT SOCIETY	604-467-8418
ROYAL COLUMBIAN HOSPITAL PSYCH SERVICES	604-520-4664
SURREY PRIMARY CARE CLINIC	604-953-4940
TRI CITIES MENTAL HEALTH (COQUITLAM, PORT COQUITLAM, PORT MOODY)	604-941-3471
VANCOUVER COAST MENTAL HEALTH	604-253-5353
BC VANCOUVER COAST MENTAL HEALTH	604-660-0786